



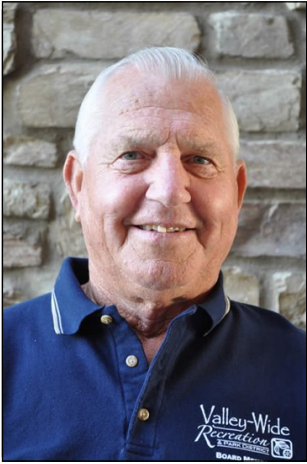
CARPD COMMUNICATOR

AUGUST 2021

PRESIDENT'S MESSAGE

It is my honor to represent you as the 2021-2022 CARPD President and I am thrilled that I get to share some of my experiences in Recreation.

It was wonderful to see so many faces at our last conference in Monterey. I would like to highlight the great sessions that were offered, in particular the Board Member round table, which always provides a wonderful opportunity to share and learn from our fellow directors. And, I am grateful for our Executive Director Matt Duarte and his staff, for making the conference a memorable one.



As you can see, I am full of thanks and gratitude and I want to make sure this coming year we take the time to show our gratitude to our fellow Recreation professionals, peers and our community. We are all still healing and it is easy to forget to thank someone who has made a difference or has gone above and beyond. Let's all take great customer service and pair it with kind service, after all, we're from the government and we are here to help.

A big thank you to our past president Mr. Dennis Waespi and to the outgoing CARPD Board for their time and dedication as they navigated through some rough seas this past year. They all had a tough job to do, but they held that guiding light for CARPD.

To my fellow new and continuing CARPD Board, let's continue to work on education and making sure the Districts we represent have the resources and support that CARPD is known for.

I can't wait to see all of you again at our 2022 CARPD Conference!

Nick Schouten,
Valley-Wide Recreation and
Park District

President, CARPD



INSIDE THIS ISSUE:

President's Message	1
CARPD Conference Review	2
Award Winners	4
Legislative Update	6
July Parks and Rec Month + CARPD Board Election	8
Safety Article: Sun Safety	9

CARPD STAFF:

Executive Director:
Matthew Duarte
mduarte@capri-jpa.org

Safety Analyst:
Kirk Andre
kandre@capri-jpa.org

Administrative Analyst:
Monica Breck
mbreck@capri-jpa.org

BOARD OF DIRECTORS:

President:
Nick Schouten

President Elect:
Michelle Lacy

Secretary:
Brian Danzl

CFO:
Al McGreehan

Past President:
Dennis Waespi

Directors:
Michael Seaman
Jesus G. Perez
Doug Nickles
Gigi Bannister
Dean Wetter
Colin Miller

CARPD CONFERENCE REVIEW

The 2021 CARPD Conference was a success! It was a pleasure to see everyone June 23-26th in Monterey.

You all have risen to the greatest challenges over the past 15+ months! Throughout the COVID-19 pandemic, the public at large has come to recognize the essential role of parks and outdoor recreation activity as vital to our quality of life and to our physical and mental health. You're contributing in major ways by keeping parks safely open for our communities, providing daycare and distance learning opportunities to our youth, supporting fire crews as they fought fires in our neighborhoods, and opening our facilities to serve as testing and vaccine administration sites. All that while adapting to often changing health orders AND keeping our employees safe and healthy.

YOU ARE THE EVERYDAY HEROES IN YOUR COMMUNITIES!

THANK YOU to our Conference Committee for their guidance, to our CFO and Finance Committee for helping to keep us budget conscious, and to all CARPD Members in attendance for your participation. And a HUGE THANK YOU to our Conference Sponsors who help us make it all happen!

Take a look at more 2021 CARPD Conference photos on the [CARPD website](#).



CARPD SPONSORS



**CARPD
SPONSORS
THANK YOU!!!**

East Bay 
Regional Park District

Healthy Parks Healthy People

CARPD AWARD WINNERS

The Awards of Distinction winners were announced at the CARPD Conference on June 24, 2021, in Monterey, CA. Thank you to all that took the time to send in their nominations. It was another very competitive year!

DISTRICT AWARDS

Outstanding New Facility:

Pleasant Hill Recreation and Park District - Pleasant Oaks Park

Outstanding Renovated Facility:

Beaumont-Cherry Valley Recreation and Park District - Bogart Regional Park

Hayward Area Recreation and Park District - Hayward Community Gardens

Environmental Excellence Award:

Jurupa Area Recreation and Park District - Horseshoe Lake Park

Outstanding Activity/Program/Special Event:

Cordova Recreation and Park District - Senior Drive Thru Programs

Outstanding Innovation:

East Bay Regional Park District - Digital Learning

North Highlands Recreation and Park District - Distance Learning



INDIVIDUAL AWARDS

Outstanding District Employee:

Wayne Nakaoka - Rancho Simi Recreation and Park District

Outstanding General Manager:

Dean Wetter - Valley-Wide Recreation and Park District

Outstanding Board Member:

Dr. Steve Simpson - Valley-Wide Recreation and Park District



COMMUNITY AWARDS

Outstanding Community Organization/Partner:

Rotary Club of Arden Arcade - supporting Fulton-El Camino Recreation and Park District

Healthy Valley Foundation - supporting Valley-Wide Recreation and Park District

Outstanding Volunteer:

Gail-Sarah Lomba - Fulton-El Camino Recreation and Park District

Michael & Frances Norsworthy - Rio Linda Elverta Recreation and Park District

Pete Gregory - Valley-Wide Recreation and Park District



CONGRATULATIONS TO ALL!

CARPD SPONSORS



**CARPD
SPONSORS
THANK YOU!!!**



GEORGE HILLS

Our minds over your matters.



UMPQUA BANK

LEGISLATIVE UPDATE

By Russ Noack
Public Policy Advocates, LLC



After a prolonged State Budget process, the California State Legislature has adjourned for its annual Summer Recess. Legislators will return to Sacramento on August 16th to work on the bills that remain active during the first half of the two-year session, which will conclude on September 10th.

Governor Newsom and the Legislature reached final agreement on the 2021-22 State Budget with the signing of [Senate Bill 129 \(Skinner\)](#) on July 12th. The measure was a follow-up to [Assembly Bill 128 \(Ting\)](#), the bill the Legislature passed in mid-June to comply with the constitutional deadline. The protracted process was complicated by the rare circumstance of a General Fund surplus rather than the typical dearth of money. Additionally, the Federal Government provided a COVID-19 relief fund package for California. As we discussed at the CARPD Annual Meeting in Monterey, the Governor did not allocate any relief funds for many special districts in his May Revision of the proposed State Budget. After a concerted Urgent Call to Action went out soliciting letters from the membership, the Legislature responded by adding a \$100 million appropriation for COVID-19 relief for independent special districts and, after extensive negotiations with the Newsom Administration, the budget change provision was accepted by the Governor and signed into law as a part of SB 129. The leadership of CARPD's principals, Executive Director Matthew Duarte, and the whole organization quickly reaching out to members of the Legislature was a crucial ingredient in securing the relief funds for recreation and park districts.

The Department of Finance, with input from special districts is currently engaged in developing the plan, which is due by September 1, 2021, to distribute the funds for relief to independent special districts that have encountered unanticipated costs or loss of revenue due to the COVID-19 public health emergency that have not received from other forms of fiscal relief from the state or federal government. The application process should be unveiled to the public very soon.

The recently enacted budget bill also includes funding for various park, recreation and resource projects secured at the request of individual legislators. These items were directly related to the budget surplus and, although welcome, may not reoccur in the future. Additionally, the budget process will continue as many issues, including wildfire preparedness and homelessness appropriations still need to be substantively fleshed out in trailer bills before the Legislature adjourns on September 10th.

The other significant recent political development worth noting is the certification of the Gubernatorial Recall and setting of the election date to be September 24, 2021. The timing of the Recall Election had been expedited by special funding being inserted in the State Budget. Forty-two candidates have qualified for the Ballot running to secure the highest number of votes if the electorate chooses to recall Governor Newsom. Former San Diego Mayor Kevin Faulconer and reality television celebrity and former Olympian, Caitlyn Jenner, have received most of the attention by the media to date. Current Assemblyman, Kevin Kiley, is on the ballot along with former U.S. Representative Doug Ose, among others. Larry Elder, a conservative radio talk show host successfully sued to have his name added to the list after election officials had determined that he had not met the qualifications on a timely basis. The list of candidates does not seem to match the public visibility of Arnold Schwarzenegger's candidacy in the Recall Election of Gray Davis in 2003, but Governor Newsom and the Democratic Party are taking the Recall very seriously. We expect the campaign will be expensive and aggressive and it will set a vivid backdrop for the last month of the Legislative Session.

CARPD SPONSORS



**CARPD
SPONSORS
THANK YOU!!!**

W A L S H **&**
A S S O C I A T E S , A P C
A T T O R N E Y S A T L A W

AGGRESSIVE DEFENSE PRACTICAL ADVICE PERSONAL ATTENTION



JULY 2021—PARKS AND RECREATION PROFESSIONALS MONTH!

CONGRATULATIONS and **THANK YOU** for all do!

On June 14, 2021, Senator Mike McGuire introduced Senate Concurrent Resolution 52 which proclaimed the month of **July 2021 as California Parks and Recreation Professionals Month!**

Sponsored by CARPD, this Resolution is intended to celebrate **YOU** and the accomplishments and resilience your teams have displayed over this past year plus. Many of the provisions highlighted in the Resolution illustrate the new reality of recreation and park districts and have been noticed and recognized by key policymakers and their staff. The Resolution specifically recognizes park and recreation professionals for your role in promoting:

- 1) Physical and mental health for all Californians.
- 2) Community heritage, cultural diversity, and state history.
- 3) Protection of sensitive habitats and open space.
- 4) Safeguarded health and safety of public during COVID-19 conditions.
- 5) Helped in vaccination sites.
- 6) Provided outdoor outlets for sheltering in place public.
- 7) Launched programs to help families obtain safe facilities and equipment for students unable to attend school.
- 8) Provided cooling centers.
- 9) Provided wildfire relief with management staging shelters and emergency shelters.

We appreciate Senator McGuire taking the lead and for all the legislators who signed on in support. We also appreciate you, California's recreation and park professionals, and everything you for our communities. July may be over, but we look forward to celebrating our member districts all year-round!

Click [HERE](#) to see the Resolution.

CARPD BOARD ELECTION

The CARPD Board of Directors Election took place on June 24, 2021, during the CARPD General Membership Meeting, at the Conference in Monterey, California.

Here are the results:

2021 CARPD Board Elections

President – Elect	Michelle Lacy, Pleasant Hill Recreation & Park District
Secretary	Brian Danzl, Cordova Recreation & Park District
Director-at-Large	Two Positions:
(Odd Year)	Michael Seaman, Fulton-El Camino Recreation & Park District
	Jesus G. Perez, Bear Mountain Recreation & Park District
Administrator Rep	One Administrator Position:
(Odd Year)	Colin Miller, Arden Park Recreation & Park District

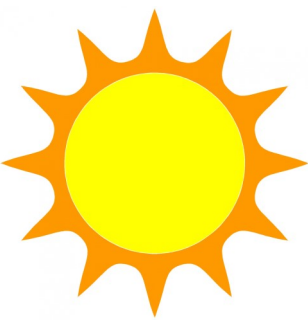
CONGRATULATIONS AND WELCOME

SUN SAFETY

By Kirk Andre
CAPRI Safety Analyst

As a bonus of working in a Recreation and Park environment, many of us get to work in the great outdoors. It is important that we take the necessary steps to stay healthy while working under the sun. By now, we should all know when it is appropriate to wear sunscreen, hats, and sunglasses to protect us from the harmful effects of the sun's rays. The question then arises, are we paying proper attention to the effects of the summer heat?

In 2006 Cal/OSHA developed the nation's first regulation, [Title 8 CCR, Section 3395](#) which required employers to establish procedures to mitigate heat related illnesses in the workplace. In [2015 Cal/OSHA updated their requirements](#). Employers are required to have a [Heat Illness Prevention Plan](#) which should include the elements of your written program and effective work practices.



Check out the [Cal/OSHA Heat Illness Prevention eTool](#).

As the air temperature increases, our bodies react by bringing more blood to the skin's surface and producing sweat, which in turn cools the body down by evaporation. On hot days, this may not be enough, and our body's temperature can be pushed beyond its normal healthy range and become dehydrated. Under these conditions it becomes very important to take the necessary steps to protect ourselves and be aware of the symptoms of overheating. Pay attention to the warning signs and do not take them lightly. Here are some seasonal reminders to help keep safe and healthy during the summer months.

- **Heat fatigue** is the first level our bodies reach when overheating. It begins with a feeling of being tired with an inability to concentrate. Other symptoms may include heat cramps, which occur when the body loses too much salt through perspiration. Keeping your body hydrated is key to preventing any heat related illness and drinks with electrolytes will help if you start having heat fatigue.
- **Heat exhaustion**, the next level of overheating, can occur if the symptoms of heat fatigue are missed or ignored. Symptoms include: a pale or flushed appearance, weakness, sweating, headache, moist and clammy skin, dizziness, or cramps. Symptoms may also include nausea or a slight fever. If you notice these conditions notify your supervisor immediately and find a place to cool down. Slowly drink plenty of fluids and loosen your clothing. Elevate your feet 8 to 12 inches and apply cool wet compresses to the body.
- **Heat Stroke** is the most serious condition of heat related stress. At this point the body can no longer produce sweat to cool itself down. The body's temperature begins to rise quickly, and the individual can experience delirium, convulsions and even go into unconsciousness. If the body does not cool down, death can result. According to the CDC, a temperature of 103 Fahrenheit or higher is a sign of heat stroke. A person may experience throbbing headaches as well as chills and confusion. Other signs of heat stroke is a dry, hot, and reddish skin called anhidrosis, which is the medical term for when the sweating system fails. At this stage a doctor should be called immediately. While waiting for medical attention, every effort should be made to cool the body down as much as possible. You may need to result in hosing down a person with a garden hose and try and fan the body. If the person is unconscious do not try to give them liquids but rather monitor their airway, breathing, and circulation until medical help arrives.

To reduce the risk to heat related problems, wear light colored and lightweight clothing, wear a hat and use sunscreen. To avoid dehydration, drink plenty of liquids, before, during, and after the job. Take frequent breaks and be alert to the warning signs of heat stress in yourself and your fellow coworkers.

CARPD SPONSORS



**CARPD
SPONSORS
THANK YOU!!!**

since 1979

dave bang
associates inc.



▶ park+playground outfitters



COLE | HUBER LLP
ATTORNEYS